



North Valley Family Medicine  
Arrowhead Physicians Plaza  
18699 N. 67th Ave. Suite 280  
Glendale, AZ 85308

# North Valley Family Medicine

18699 N 67th Avenue  
Glendale, AZ 85308  
(623) 322-4991

PATIENT INFORMATION						
NAME (Last, First Middle)			MRN	SSN#	BIRTHDATE	SEX
LOCAL ADDRESS			CITY, STATE ZIP		SECONDARY/BILLING ADDRESS (if Applicable)	
HOME PHONE	DAY PHONE	EMAIL ADDRESS		REFERRING PHYSICIAN	CITY, STATE ZIP	
MARITAL STATUS	STUDENT STATUS <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time	SMOKER (Y/N)?	VETERAN (Y/N)?	PRIMARY CARE PROVIDER	HOME PHONE	
PRIMARY EMPLOYER			SECONDARY EMPLOYER (if Applicable)			
ADDRESS			ADDRESS			
CITY, STATE ZIP			CITY, STATE ZIP			
WORK PHONE			WORK PHONE			

RESPONSIBLE PARTY INFORMATION (if Different than above)						
NAME (Last, First Middle)			SSN#	BIRTHDATE	SEX	
LOCAL ADDRESS			CITY, STATE ZIP		SECONDARY/BILLING ADDRESS (if Applicable)	
HOME PHONE	DAY PHONE	EMAIL ADDRESS		CITY, STATE ZIP		
MARITAL STATUS	STUDENT STATUS <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time	SMOKER (Y/N)?	VETERAN (Y/N)?	PRIMARY CARE PROVIDER	HOME PHONE	
RELATIONSHIP TO PATIENT						

PRIMARY INSURANCE			
NAME OF INSURANCE COMPANY		POLICY#	
NAME OF INSURED		GROUP#	
ADDRESS OF INSURANCE COMPANY		COPAY AMT \$	
CITY, STATE ZIP	PHONE	DEDUCTIBLE \$	
RELATIONSHIP TO PATIENT		EFFECTIVE DATE	EXPIRATION DATE

SECONDARY INSURANCE (if Applicable)			
NAME OF INSURANCE COMPANY		POLICY#	
NAME OF INSURED		GROUP#	
ADDRESS OF INSURANCE COMPANY		COPAY AMT \$	
CITY, STATE ZIP	PHONE	DEDUCTIBLE \$	
RELATIONSHIP TO PATIENT		EFFECTIVE DATE	EXPIRATION DATE

Emergency Contact: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_ Phone: \_\_\_\_\_

Patient Nickname (if any): \_\_\_\_\_ How Did You Hear About Our Practice? \_\_\_\_\_

By signing below I acknowledge that the office's Notice of Privacy Practices has been made available to me.

SIGNATURE OF PATIENT/GUARDIAN

DATE

NAME \_\_\_\_\_ AGE \_\_\_\_\_ TODAY'S DATE \_\_\_\_\_

OCCUPATION \_\_\_\_\_ BIRTH DATE \_\_\_\_\_

Single  Separated  Widow(er)  Married  Divorced  Remarried DO YOU HAVE A LIVING WILL? Y/N

List all persons who live in your household:

	NAME	RELATION	AGE
1)	_____	_____	_____
2)	_____	_____	_____
3)	_____	_____	_____
4)	_____	_____	_____

SURGERY HISTORY: WHAT KIND YEAR

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

**HEALTH HISTORY OF YOURSELF AND BLOOD RELATIVES**

Have you or a family member had the following:

	You	Date	Relative	Relationship
Asthma				
Cancer Type:				
Chronic Back Pain				
Depression / Anxiety				
Developmental Delay				
Diabetes				
Heart Disease				
High Blood Pressure				
High Cholesterol				
Migraines				
Obesity				
Thyroid Disorder				
Seasonal Allergies				
Other:				
Other:				
Other:				
Other:				

HOSPITALIZATIONS: (other than operations or childbirth) FOR WHAT REASON MONTH/YEAR

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

ALLERGIES TO MEDICATION REACTION

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

MEDICATIONS (DOSE/TIMES PER DAY)

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_

**HABITS**

Do you think you eat well balanced meals everyday? Yes / No

Do you take vitamins or supplements? Yes / No

What kind? \_\_\_\_\_

Exercise regularly? Yes / No How often? \_\_\_\_\_

What form of exercise do you do? \_\_\_\_\_

Do you smoke? Yes / No / Former How much? \_\_\_\_\_

Drink alcohol? Yes / No / Former How much? \_\_\_\_\_

Do you use any recreational drugs? Yes / No / Former

**FEMALES ONLY**

Date of last menstrual period: \_\_\_\_\_

Method of contraception: \_\_\_\_\_

Number of Times Pregnant? \_\_\_\_\_

Number of Births that were: Full Term: \_\_\_\_\_, Preterm: \_\_\_\_\_,

Abortions: \_\_\_\_\_, Miscarriages: \_\_\_\_\_

Vaginal deliveries: \_\_\_\_\_, Cesareans \_\_\_\_\_

**HEALTH MAINTAINENCE**

When was your last:

Cholesterol test \_\_\_\_\_

General bloodwork \_\_\_\_\_

Eye exam \_\_\_\_\_

Dental Exam \_\_\_\_\_

Tetanus Shot \_\_\_\_\_

Pap Spear \_\_\_\_\_

Colonoscopy (50 and older) \_\_\_\_\_

Rectal exam (50 and older) \_\_\_\_\_

Bone density scan (Women 50 or older) \_\_\_\_\_

Mammogram (Women 40 or older) \_\_\_\_\_

PSA test (Men 50 or older) \_\_\_\_\_





# North Valley Family Medicine

John W. Ellis, D.O.  
Board Certified Family Physician

Tanya B. Ellis, M.D.  
Board Certified Family Physician

Don R. Middleton, D.O.  
Board Certified Family Physician

Deborah A. Solomon, D.O.  
Board Certified Family Physician

## RELEASE OF TEST INFORMATION

**\*\*Please read document before filling out form\*\***

I, \_\_\_\_\_, give my consent to the staff of North Valley Family Medicine to relay any lab, radiological testing or any other imperative information to including but not limited to referral information, medication refills, etc:

Please check the following:

**YES   NO**

\_\_\_\_\_ SELF ONLY (we can only leave information with you)

\_\_\_\_\_ \_\_\_\_\_ Answering machine, voicemail or any other answering service device

\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ (name) \_\_\_\_\_ (relationship)

\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ (name) \_\_\_\_\_ (relationship)

**Best telephone number to contact me is at:** \_\_\_\_\_

Patient/Guardian *Signature* \_\_\_\_\_

Patient/Guardian Print Name \_\_\_\_\_

### **NOTICE: By signing this form, you understand the policy**

In accordance with federal HIPPA regulations, **we can only release information to persons or leave messages on alternative sources (i.e. answering machine, voicemail) indicated on this signed, original form.** We **cannot** accept a verbal authorization to leave test information to persons or sources not listed on the form.

You may update your release of test information at any time. If you need to update any information, a new Release of Test Information form must be filled out and signed. Thank you.



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## Pharmacy Information

Pharmacy Name: \_\_\_\_\_

Location: \_\_\_\_\_  
(Cross streets or address)

Phone Number: \_\_\_\_\_  
(If known)



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## MEDICAL RECORDS RELEASE

*This release Expires 90 days from the date of signature or upon patient's written request*

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Address: \_\_\_\_\_

To:

North Valley Family Medicine

Tanya Ellis, MD  Deborah Solomon, DO

Don Middleton, DO  Stephen Williams, DO

18699 North 67<sup>th</sup> Avenue, Suite 280

Glendale, AZ 85308

Fax: (623)322-9568 Phone: (623)322-4991

From:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*\*\*\*\*If faxing records DO NOT fax over 25 pages!\*\*\*\*\*

\*\*\*Please use this form as a cover sheet when sending records to our office.\*\*\*

Please initial only ONE of the appropriate boxes to indicate which records you wish to be released and may be charged for:

\_\_\_\_ Records generated in the office only (including x-rays, electrocardiograms, old records, outside lab results) If no box is initiated, this option will be used.

\_\_\_\_ Records generated in the office only (not including x-rays, electrocardiograms, old records, outside lab results, which may incur an additional charge).

\_\_\_\_ Only those records pertaining to (specify types and dates): \_\_\_\_\_

Patient/Responsible Party Signature: \_\_\_\_\_ Date \_\_\_\_\_

\*\*\*\*\*PLEASE READ SIGN BELOW\*\*\*\*\*

I understand that a separate, expressed consent is required to release sensitive healthcare information in my record, and I specifically request that \_\_\_\_\_ (name of physician or facility) release any medical information pertaining to testing, diagnosis, and/or treatment for HIV (AIDS virus), sexually transmitted diseases, psychiatric disorders/mental health, or drug and/or alcohol use.

Patient/Responsible Party Signature: \_\_\_\_\_ Date \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

Revised 12-30-2008

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